

## Cuba – The Rest Of The World



Digital twin

### **Cuba vs Amish vs Tahiti vs rest of the world in a few years.**

Why so many people want to depopulate and mainly want to escalate themselves and others to hive mind, is beyond the subject and beyond my capabilities. I will look at how mobile phones together with every bodies nano-metals are still going towards human-2.

If you do not know the metals flouting around in our blood, I can suggest Dr. Ana Maria Mihalcea as being one of the top scientists regarding this subject, [anamihalceadrphd.substack.com](http://anamihalceadrphd.substack.com).

We are virtually all having nanorobots and a lot of different metals and plastics in nano scale and some of them larger in micro scale. You can obviously not see the nano scale ingredients, you need a microscope for this.

The nano and micro metals are something we do not directly feel. We might feel a bit tired and out of air, because the the nanorobots are “borrowing” oxygen from the read blood cells. Some people will even get fast growing cancer and other illnesses and eventually die, but this is less than 1% until now.

The aim is for the nanorobots to build mesogens (micro electronics) even in the brain, but largely all over the body. How far your body has come varies.

Can you do something to “kill” it:

EDTA + vitamin-C

or

nicotine + vitamin-C

But until people clean themselves regularly, they will die or turn into human-2.  
This is why I write the story about Cubans and the rest of us.

Cuba is a rather poor country, but with nice people and without mobile phone, virtually.  
Cuba has very few banks and most Cubans do not have a bank account.  
On island you can only trade in pesetas or trade goods. You can only trade dollars in the bank.  
Cuba has very few cars and some of them are from 1950s, which they are doing all to protect.  
Cubans talk to each other, as this is enjoyable and the only thing they can do.

Amish is an American population which came from Germany more than a century ago. They kept their clothes and all their traditions from Germany. They are still using horses, instead of tractors or cars. They are still using kerosene instead of electricity for lamps. They are still using firewood instead of gas/electricity to prepare the food. They are still using sowing machines which are pulled by the feet. They are still using big casseroles heated with firewood to warm the clothes with and make it clean. They are still very trustworthy to the bible and go to church every Sunday or every second week.

You can see a video [about the Amish](#).

Amish people are 30% occupied with farming. Others are builders, blacksmiths, carpenters, etc..  
But all the Amish are a bit more modern. In some regions they are using mobile phones. Some are using battery driven bicycles, electric lights on the horse trailers, petrol driven lawnmowers, community driven electronic freezers, etc.

Still many Amish people have it so that they are not relying on the Mafia (government, military, law, police) or any other instances whatsoever. If electricity goes down, one push of a button, the Amish will not feel a thing, unless they come to town and discover that people are emptying the stores.

Cuba and maybe the Amish vs the rest of the world.

Cuba and Amish is the only people virtually without mobile phones. The Africans are using it, the Chinese are forced to use it, otherwise they cannot get salary, drive in train, buy food, etc.. The Russians are using it, the Europeans, the Indians, the Australians and they virtually all have 5G-weapon antennas.

3G and 4G is omnidirectional and 5G-weapon is unidirectional. 5G-weapon is very different from 4G and 3G. 5G-weapon comes with short bursts unidirectional with up to 10kW. The difference between 5G-weapon and 3G/4G is very difficult to see on a distance. Sometime you can see it on the cables going up the tower:



If the cables are very thick and stiff, they are most likely 5G-weapon with a lot of power. They are normally using 1W to 10W, but they can have difficulties reaching SMART (*Self-Monitoring Analyses and Reporting Technology*) meters etc., so they are likely switch over 100W, but lower than 1kW. By over 10kW you can die, get ill or get burned. It is much the same as putting your cat in the microwave and turn it on. **Do not do it, the cat will not survive.** As the Mafia set 5G-weapon up, you are forced to immediately pull them down. You can do it by cutting the wires using thick gloves or an insulated cutter. You can also do it by sawing the mast, so it falls down. Please be careful that the falling tower will not hit any humans, dogs, cats or buildings.

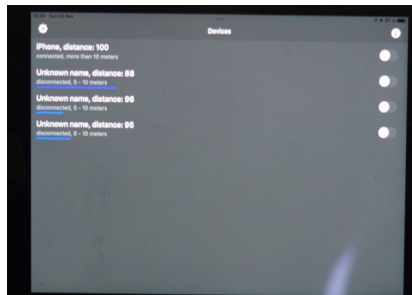
The reason why you are not prosecuted is that it is illegal to install weapons which can be used to hit the population. The Mafia is not proud of the truth behind the 5G-weapon and ULEZ in court case.

So how do we interfere between the brain and the 5G-weapon or 4G? Your mobile phone! Your mobile phone is taking pictures of you every 5 seconds on modern phones, it is sometimes listening to what you and others are talking about and what even more hidden, they are listening to your own body.

Check for yourself:



Install on your mobile phone “Bluetooth BLE Find Device”, it cost a little bit of money. When you see “Unknown name” it is most likely from a human being BIO-weapon “vaccinated”. You can ask them to lay everything electronic more than 200 meter away from you. When they come nearer you, the “Unknown name” will appear if they are vaccinated. If you do it in a city there will be several pages with “Unknown name”. If you are walking over the graveyard, the “Unknown name” will pop up for dead people. So you can see the nanorobots and nano- micro- metals are working even on the dead people.



There is a way to replicate the information from the mobile phone to a networks antenna and if it cannot get hold of an antenna, then it can transfer it to another mobile phone. The messages contain the ID number of the phone, so the “main” computer will know where the info came from.

You may ask Juval Harrari if the information goes from mobile phone to the brain or from people to people or from antennas to brain or from 6G (satellite) via light impulses to your body. There are some who thinks that the body send messages via light messages and light messages can be received from 6G.

The papers are manyfold, but there are non which gives practical examples, so a lot of persons can verify this written by the DoD. In a way it is logic, it is for military and for the producers to know on a very strict bases. Not even doctors may receive any blib from BIO-weapon “vaccines”, at lest no practical examples. Those with microscopes have had a better chance to know about the “vaccines” and the blood, but still an awful lot of guesswork.

You will always have some application notes for electronic circuits which you can test out and see if it works satisfactory. There are also practical things you can read about and perform, almost, to heal a broken bone. These things are secret when it comes to nanorobots and the many metals in our body. So to start with, store the mobile phone in a metal container or Faraday bag or throw it away.

Your bank are needed to give you a calculator to store your 8 digit pin codes or a paper with your 8 digit codes. You can do the banking at home, but you cannot give your 8 digit codes away to any other instances. It gives you a fair chance of only you can get to your data. Forget about private/public code. They give one code back, a long number, and it is only some scumbag to officially give it away and a lot of Mafia syndicates has access to it.

We are living in Sweden and has in our house:

Only wired Internet connection.

Two SIP redirects from Internet to PABX with 12 telephones in almost every room.

Two servers with E-mail and web sites.

All laptops with Linux (no Windows, no Mac).

Incandescent light bulbs 25W and 40W 2200°C min 5000 hours (elfe.se).

Private graved well. Lower a pale in the water by blackout.

Private graved 3-camber well and fascine.

Electrical switch to go from mains to any private supply.

7.5kW 3-phase diesel generator with 1500 liter diesel oil.

200kW sun panels, MPPT, AGM battery and 800W (1600W) inverter.

Waterwheel 100kW about to get finished. Going to be connected to MPPT.

When we are going outside:

A car with diesel engine from 1993 and no engine electrical components.

A number of bicycles.

Battery driven short wave radio.

Battery driven 146MHz & 450MHz two way radio.

(Battery driven VHF two way radio for ship.)

Lots of CD and MD playable with battery for music.

Should have have food and cannot shop, then the dark room of the cellar:

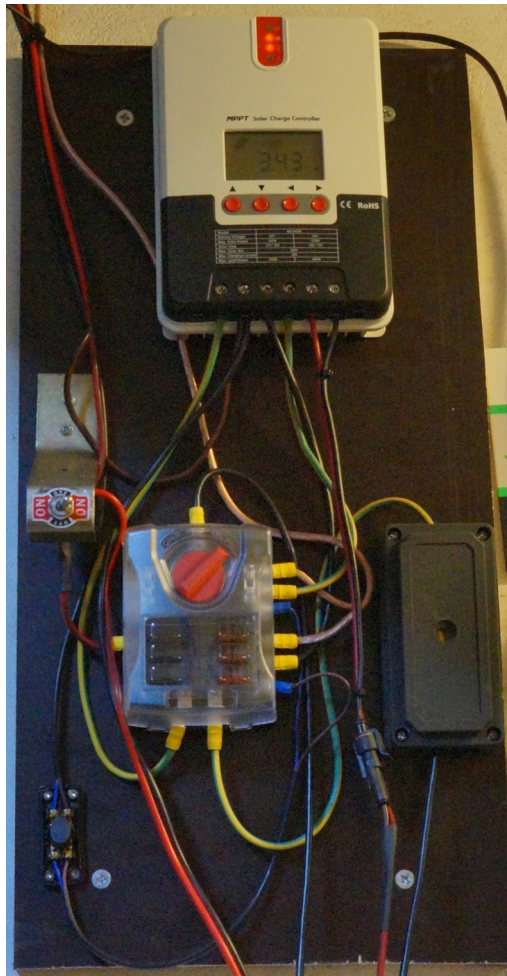
Honey 8 glasses.

Oats 8 2kg bags.

Mackerel in tomato 36 cans.

Pealed potatoes 30 cans.

We cannot live on that, we need at lot more.



From 1980s and onward we are getting more and more depended on electricity, not only pumping water and light, but for computers, mobile phones, heating, traffic lights, electric trains, battery cars, electrical ovens, electrical clocks, electrical limbs, electrical compressors, electrical kitchen machines, electrical washing machines and so on. Most of you find it enjoyable to live in a weekend without electricity and firewood instead, but you also miss your home.

Try it a full week to see how you cope with no grid. No electricity from the public, no water delivered to your address, no Internet, absolutely no Wi-Fi. You pull the main switch and close the water inlet valve. The drainage I would remain open so it does not stink.

Do not go shopping, see what you are in need of. If you look at the Amish you can live a great life, but not momentarily. You would have to live one week now and then to see if you have enhanced food, toilet, cleaning dishes and closes, improved your own electricity, pumping water, etc.

If you have a laptop or a desktop computer running Linux and Unix or maybe Windows and Mac then you can run the word-processor and spreadsheet. You can only store the files in your own home, basically on your computer. You should in fact basically use your own computer as the primary drive to store files. You can select an Internet drive to store files as an extra duplicate.

Film and pictures of you and your babies are not worth missing. Transfer your family pictures and film from your SMART mobile phone to your computer. Create a photo album for your kits and give it to them as they are 18 years or there about. They will love your comments under the pictures. Family film can you store on any drive, but for me the easiest is a DVD, as we still have DVDs to play on computers and TV.



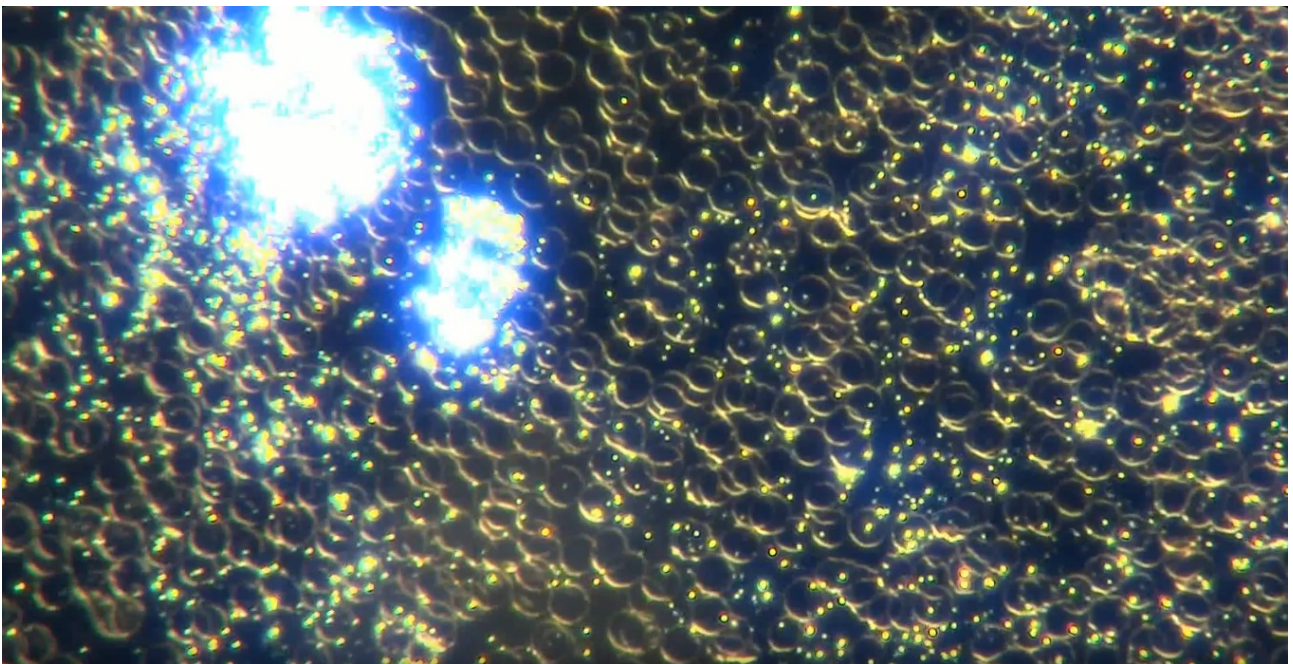
There are text message “radios” of the name MeshTastic on 433.0 – 434.0MHz for EU. It is a very cheap thing sending messages up to 1km away. It is a new thing which seem to get some acknowledgment. For USA and Canada 902.0 – 928.0MHz. For Japan 920.8 – 927.8MHz. See <https://meshtastic.org/>

How do we know if radio really works!

We know it as the theory, diagrams, is turned into practical thing.

We know about nano and micro metals in the body because we have seen it with microscopes.

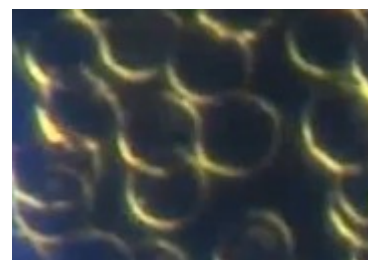
There has been a lot of literature about BIO-weapon (vaccinations), but they are only theory. The real scientists, MD or non-MD, are using microscopes to see what is actually inside the blood and the BIO-weapon.



1\_a



1\_b



1\_c

Picture 1\_c are red blood cells to carry oxygen.

Picture 1\_b has nanorobots much smaller than the red blood cells and they flash in different colors depending of what they are doing. On the big white cluster is a micro chip or a mesogen (micro-electronics measuring and sending by RF) about to be built with nanorobots.

At the moment we nearly **all** have nanorobots and microchips under development, **all**. We can pee it out by taking EDTA and vitamin-C 2gram in 3 days. Repeat about once a month. If you cannot get hold of EDTA, then substitute with heavy dose of nicotine, the same thing that is in tomatoes and other fruits. Pure nicotine is not addictive.

***The above chapter is only a suggestion and not meant to be used in praxis.***

We get nanorobots and nano-metals by polluting special airplanes and by contaminated food. Non of the nano- and micro-metals are in nature, and should not be in wild animals and humans. The military is using \$300 million a year over the world to launch by airplane in big tanks.



2\_a



2\_b

Picture 2\_a is polluted (chem-trails) of nano-metals, while picture 2\_b is water as we have known for million of years.

Talk about it, all of it and make your contribution to your health and prepare for your food. Kill human-2 and prepare for conventional war.

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